

2027 IMWA.WMG World Masters Weightlifting Championships Provisional Competition Schedule

May 17 – 25 (Japan)

Because Japan is nearly a day ahead, event times shift backward into the previous evening.

Hour-by-Hour Comparison

Time in Japan (JST)	Time in Toronto (EDT)
9 AM (Morning)	8:00 PM (previous evening)
12 PM (Noon)	11:00 AM (same day)
6 PM (Evening)	5:00 AM (same day)
12 AM (Midnight)	11:00 AM (previous day)

Date	Time in Japan (JST)	Event
Friday, May 14	15:00	Verification of Final Entries until Friday, May 14, midnight. imwlasecretariat@gmail.com . Suitable time zone to include all continents.
Sunday, May 16	18:00	Team(fp) Entry collection meeting in Kansai.
Monday, May 17	09:00	M90+, M85, M80, M75 Opening Ceremony W90+, W85, W80, W75, W70, W65, M70
Tuesday, May 18	09:00	M65, M60
Wednesday, May 19	09:00	W60, W55, M55*
Thursday, May 20	09:00	M55*, M50*, W50*
Friday, May 21	09:00	W50*, M50*, W45 Congress of Nations
Saturday, May 22	09:00	M45, W40*
Sunday, May 23	09:00	W40*, M40
Monday, May 24	09:00	M35*, W35*
Tuesday, May 25	09:00 - 19:30	W35*, M35* Closing Ceremony Closing Banquet

*Age Groups divided into 2 days:

The competition for the lighter bodyweight categories of each relevant age group will be carried out on the first day and the rest will be carried out on the second day. A detailed competition schedule will be finalized after the Verification of the Final Entries.