

Snapshot as of 19 May 2026. The 48, 58 and 63 kg classes are retired and their records are frozen. The 53, 69, 77, 86 and 86+ kg classes remain active and may have changed since.
État au 19 mai 2026. Les catégories 48, 58 et 63 kg sont retirées et leurs records sont gelés. Les catégories 53, 69, 77, 86 et 86+ kg demeurent actives et ont pu changer depuis.

2026: Archived WCHM Records — Women

2026: Records archivés de la WCHM - femmes

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W30	F	34	48	48kg	SNATCH	43					
W30	F	34	48	48kg	CLEANJERK	53					
W30	F	34	48	48kg	TOTAL	96					
W30	F	34	53	53kg	SNATCH	46					
W30	F	34	53	53kg	CLEANJERK	57					
W30	F	34	53	53kg	TOTAL	103					
W30	F	34	58	58kg	SNATCH	62	Kayla Koh	ON	2025-06-29	Calgary, AB	Canadian Masters Championships
W30	F	34	58	58kg	CLEANJERK	82	Kayla Koh	ON	2025-06-29	Calgary, AB	Canadian Masters Championships
W30	F	34	58	58kg	TOTAL	144	Kayla Koh	ON	2025-06-29	Calgary, AB	Canadian Masters Championships
W30	F	34	63	63kg	SNATCH	87	Katrina Wright	ON	2025-11-08	Toronto, ON	Ontario Senior Championships
W30	F	34	63	63kg	CLEANJERK	100	Katrina Wright	ON	2025-11-08	Toronto, ON	Ontario Senior Championships
W30	F	34	63	63kg	TOTAL	187	Katrina Wright	ON	2025-11-08	Toronto, ON	Ontario Senior Championships
W30	F	34	69	69kg	SNATCH	86	Nadia Yangui	AB	2026-03-07	Calgary, AB	Alberta Senior Provincials
W30	F	34	69	69kg	CLEANJERK	107	Nadia Yangui	AB	2026-03-07	Calgary, AB	Alberta Senior Provincials
W30	F	34	69	69kg	TOTAL	193	Nadia Yangui	AB	2026-03-07	Calgary, AB	Alberta Senior Provincials
W30	F	34	77	77kg	SNATCH	76	Stephanie Peter	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W30	F	34	77	77kg	CLEANJERK	93	Stephanie Peter	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W30	F	34	77	77kg	TOTAL	169	Stephanie Peter	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W30	F	34	86	86kg	SNATCH	82	Fanny Salvail- Bérard	QC	2024-11-30	St. Hyacinthe, QC	Championnat Senior du Québec
W30	F	34	86	86kg	CLEANJERK	100	Fanny Salvail- Bérard	QC	2024-11-30	St. Hyacinthe, QC	Championnat Senior du Québec
W30	F	34	86	86kg	TOTAL	182	Fanny Salvail- Bérard	QC	2024-11-30	St. Hyacinthe, QC	Championnat Senior du Québec
W30	F	34	200	86+kg	SNATCH	89	Julia Ryan	ON	2024-09-11	Scarborough, ON	Ontario Senior Provincial Championships
W30	F	34	200	86+kg	CLEANJERK	105	Julia Ryan	ON	2024-09-11	Scarborough, ON	Ontario Senior Provincial Championships
W30	F	34	200	86+kg	TOTAL	194	Julia Ryan	ON	2024-09-11	Scarborough, ON	Ontario Senior Provincial Championships
W35	F	39	48	48kg	SNATCH	40					
W35	F	39	48	48kg	CLEANJERK	50					
W35	F	39	48	48kg	TOTAL	90					
W35	F	39	53	53kg	SNATCH	73	Amanda Braddock	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W35	F	39	53	53kg	CLEANJERK	93	Amanda Braddock	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W35	F	39	53	53kg	TOTAL	166	Amanda Braddock	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W35	F	39	58	58kg	SNATCH	64	Joanne Jeffrey	ON	2019-04-17	St. Thomas, ON	Canadian Masters Championships
W35	F	39	58	58kg	CLEANJERK	84	Carrie Herauf	SK	2025-06-29	Calgary, AB	Canadian Masters Championships
W35	F	39	58	58kg	TOTAL	138	Joanne Jeffrey	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W35	F	39	63	63kg	SNATCH	68	Kennedy Flamond	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W35	F	39	63	63kg	CLEANJERK	88	Kennedy Flamond	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W35	F	39	63	63kg	TOTAL	156	Kennedy Flamond	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W35	F	39	69	69kg	SNATCH	81	Stephanie Gowanlock	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W35	F	39	69	69kg	CLEANJERK	101	Stephanie Gowanlock	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W35	F	39	69	69kg	TOTAL	182	Stephanie Gowanlock	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W35	F	39	77	77kg	SNATCH	80	Sharon Ko	BC	2022-12-09	Orlando, USA	World Masters Championships
W35	F	39	77	77kg	CLEANJERK	101	Gabrielle Schmidt	QC	2023-07-16	Midland, ON	Canadian Masters Weightlifting Championships
W35	F	39	77	77kg	TOTAL	181	Gabrielle Schmidt	QC	2024-11-30	St. Hyacinthe	Championnat Senior du Québec

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W35	F	39	86	86kg	SNATCH	79	Julia Ryan	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W35	F	39	86	86kg	CLEANJERK	93	Julia Ryan	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W35	F	39	86	86kg	TOTAL	172	Julia Ryan	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W35	F	39	200	86+kg	SNATCH	77	Linsey Piel-Glade	MB	2022-12-10	Orlando, USA	World Masters Championships
W35	F	39	200	86+kg	CLEANJERK	111	Michelle Page	ON	2024-04-21	Midland, ON	Ontario Masters Championships
W35	F	39	200	86+kg	TOTAL	179	Michelle Page	ON	2024-04-21	Midland, ON	Ontario Masters Championships
W40	F	44	48	48kg	SNATCH	56	Joanne Jeffrey	ON	2025-05-16	Baton Rouge, USA	Pan Am Masters
W40	F	44	48	48kg	CLEANJERK	64	Joanne Jeffrey	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W40	F	44	48	48kg	TOTAL	120	Joanne Jeffrey	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W40	F	44	53	53kg	SNATCH	60	Joanne Jeffrey	ON	2022-05-12	Orlando, USA	World Masters Championships
W40	F	44	53	53kg	CLEANJERK	75	Krystal Lavechia	ON	2025-09-10	Las Vegas, USA	World Masters Championships
W40	F	44	53	53kg	TOTAL	134	Krystal Lavechia	ON	2025-09-10	Las Vegas, USA	World Masters Championships
W40	F	44	58	58kg	SNATCH	67	Rosalie Laurin-Larouche	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	58	58kg	CLEANJERK	83	Rosalie Laurin-Larouche	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	58	58kg	TOTAL	150	Rosalie Laurin-Larouche	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	63	63kg	SNATCH	80	Abigail Guerrero-Gonzales	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	63	63kg	CLEANJERK	90	Abigail Guerrero-Gonzales	QC	2019-08-29	Montreal, QC	IWF Masters Worlds
W40	F	44	63	63kg	TOTAL	170	Abigail Guerrero-Gonzales	QC	2019-08-29	Montréal, QC	IWF Masters Worlds
W40	F	44	69	69kg	SNATCH	74	Andrea Robinson	MB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W40	F	44	69	69kg	CLEANJERK	89	Andrea Robinson	MB	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W40	F	44	69	69kg	TOTAL	162	Andrea Robinson	MB	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W40	F	44	77	77kg	SNATCH	82	Megan Apostoleris	NS	2024-07-15	Midland, ON	Canadian Masters Weightlifting Championships
W40	F	44	77	77kg	CLEANJERK	101	Megan Apostoleris	NS	2023-05-20	Scarborough, ON	Canadian Senior Championships
W40	F	44	77	77kg	TOTAL	182	Megan Apostoleris	NS	2023-05-20	Scarborough, ON	Canadian Senior Championships
W40	F	44	86	86kg	SNATCH	74	Connie Di Pierro	ON	2023-04-22	St. Thomas, ON	Ontario Masters Provincial Championships
W40	F	44	86	86kg	CLEANJERK	95	Connie Di Pierro	ON	2023-04-22	St. Thomas, ON	Ontario Masters Provincial Championships
W40	F	44	86	86kg	TOTAL	169	Connie Di Pierro	ON	2023-04-22	St. Thomas, ON	Ontario Masters Provincial Championships
W40	F	44	200	86+kg	SNATCH	70	Karine Brouillard	QC	2022-07-12	Orlando, USA	World Masters Championships
W40	F	44	200	86+kg	CLEANJERK	94	Richelle Foster	AB	2025-05-28	Baton Rouge, USA	Pan Am Masters
W40	F	44	200	86+kg	TOTAL	152	Karine Brouillard	QC	2022-08-12	Orlando, USA	World Masters Championships
W45	F	49	48	48kg	SNATCH	44	Pamela Warner	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	48	48kg	CLEANJERK	57	Pamela Warner	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	48	48kg	TOTAL	101	Pamela Warner	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	53	53kg	SNATCH	55	Belinda Cox	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	53	53kg	CLEANJERK	72	Belinda Cox	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	53	53kg	TOTAL	127	Belinda Cox	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	58	58kg	SNATCH	64	Charity Bartz	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W45	F	49	58	58kg	CLEANJERK	82	Charity Bartz	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W45	F	49	58	58kg	TOTAL	145	Charity Bartz	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W45	F	49	63	63kg	SNATCH	70	Isabelle Gauthier	QC	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W45	F	49	63	63kg	CLEANJERK	90	Isabelle Gauthier	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W45	F	49	63	63kg	TOTAL	160	Isabelle Gauthier	QC	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W45	F	49	69	69kg	SNATCH	67	Charity Bartz	ON	2024-03-30	Burlington, ON	Winterlift

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W45	F	49	69	69kg	CLEANJERK	85	Charity Bartz	ON	2024-03-30	Burlington, ON	Winterlift
W45	F	49	69	69kg	TOTAL	152	Charity Bartz	ON	2024-03-30	Burlington, ON	Winterlift
W45	F	49	77	77kg	SNATCH	69	Mandy Molder	SK	2023-02-11	Saskatoon, SK	Saskatchewan Masters Provincials
W45	F	49	77	77kg	CLEANJERK	86	Ania McLaren	ON	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W45	F	49	77	77kg	TOTAL	152	Mandy Molder	SK	2023-02-11	Saskatoon, SK	Saskatchewan Masters Provincials
W45	F	49	86	86kg	SNATCH	73	Cathy Hambly	BC	2023-03-05	Vancouver, BC	BC Masters Provincials
W45	F	49	86	86kg	CLEANJERK	89	Cathy Hambly	BC	2023-07-13	Midland, ON	Canadian Masters Weightlifting Championships
W45	F	49	86	86kg	TOTAL	160	Cathy Hambly	BC	2023-03-05	Vancouver, BC	BC Masters Provincials
W45	F	49	200	86+kg	SNATCH	65	Hannah Gray	AB	2022-03-05	Edmonton, AB	AB Masters G Kay
W45	F	49	200	86+kg	CLEANJERK	84	Hannah Gray	AB	2022-05-12	Orlando, USA	World Masters Championships
W45	F	49	200	86+kg	TOTAL	147	Hannah Gray	AB	2022-05-12	Orlando, USA	World Masters Championships
W50	F	54	48	48kg	SNATCH	51	Janella David	BC	2025-09-07	Las Vegas, USA	World Masters Championships
W50	F	54	48	48kg	CLEANJERK	65	Janella David	BC	2025-09-07	Las Vegas, USA	World Masters Championships
W50	F	54	48	48kg	TOTAL	116	Janella David	BC	2025-09-07	Las Vegas, USA	World Masters Championships
W50	F	54	53	53kg	SNATCH	60	Anita Boray	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W50	F	54	53	53kg	CLEANJERK	80	Anita Boray	QC	2026-02-07	Montreal, QC	Quebec Open d'hiver
W50	F	54	53	53kg	TOTAL	139	Anita Boray	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W50	F	54	58	58kg	SNATCH	66	Isabelle Gauthier	QC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W50	F	54	58	58kg	CLEANJERK	86	Isabelle Gauthier	QC	2023-05-25	Orlando, USA	Pan Am Masters
W50	F	54	58	58kg	TOTAL	150	Isabelle Gauthier	QC	2023-05-25	Orlando, USA	Pan Am Masters
W50	F	54	63	63kg	SNATCH	69	Isabelle Gauthier	QC	2022-06-12	San Juan, Pto Rico	Pan Am Masters
W50	F	54	63	63kg	CLEANJERK	87	Isabelle Gauthier	QC	2022-06-12	San Juan, Pto Rico	Pan Am Masters
W50	F	54	63	63kg	TOTAL	156	Isabelle Gauthier	QC	2022-06-12	San Juan, Pto Rico	Pan Am Masters
W50	F	54	69	69kg	SNATCH	59	Sue Jones	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W50	F	54	69	69kg	CLEANJERK	78	Sue Jones	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W50	F	54	69	69kg	TOTAL	137	Sue Jones	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W50	F	54	77	77kg	SNATCH	61	Sue Jones	ON	2024-07-13	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W50	F	54	77	77kg	CLEANJERK	84	Sue Jones	ON	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	77	77kg	TOTAL	145	Sue Jones	ON	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	86	86kg	SNATCH	66	Deidra Zimmer	AB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	86	86kg	CLEANJERK	85	Deidra Zimmer	AB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	86	86kg	TOTAL	151	Deidra Zimmer	AB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	200	86+kg	SNATCH	68	Deirdre Coburn	AB	2025-03-30	Calgary, AB	Alberta Senior Provincials
W50	F	54	200	86+kg	CLEANJERK	93	Deirdre Coburn	AB	2025-06-29	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	200	86+kg	TOTAL	158	Deirdre Coburn	AB	2025-06-29	Calgary, AB	Canadian Masters Weightlifting Championships
W55	F	59	48	48kg	SNATCH	32					
W55	F	59	48	48kg	CLEANJERK	39					
W55	F	59	48	48kg	TOTAL	71					
W55	F	59	53	53kg	SNATCH	41	Stella Oh	BC	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W55	F	59	53	53kg	CLEANJERK	50	Stella Oh	BC	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W55	F	59	53	53kg	TOTAL	91	Stella Oh	BC	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W55	F	59	58	58kg	SNATCH	47	Manon Poulin	QC	2019-05-30	Orlando, USA	Pan Am Masters
W55	F	59	58	58kg	CLEANJERK	61	Carol Akasaka	BC	2026-02-28	Port Moody, BC	BC Masters Provincial Championships
W55	F	59	58	58kg	TOTAL	107	Carol Akasaka	BC	2026-02-28	Port Moody, BC	BC Masters Provincial Championships
W55	F	59	63	63kg	SNATCH	50	Molly Zirkle	ON	2022-02-12	Orlando, USA	World Masters Championships
W55	F	59	63	63kg	CLEANJERK	61	Molly Zirkle	ON	2022-04-23	St. Thomas, ON	Ontario Masters Championships
W55	F	59	63	63kg	TOTAL	111	Molly Zirkle	ON	2022-02-12	Orlando, USA	World Masters Championships
W55	F	59	69	69kg	SNATCH	56	Tara Gemer	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W55	F	59	69	69kg	CLEANJERK	73	Tara Gemer	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W55	F	59	69	69kg	TOTAL	129	Tara Gemer	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W55	F	59	77	77kg	SNATCH	56	Allison Sullivan	AB	2023-03-03	Auckland, NZ	Masters World Cup
W55	F	59	77	77kg	CLEANJERK	70	Allison Sullivan	AB	2023-03-03	Auckland, NZ	Masters World Cup
W55	F	59	77	77kg	TOTAL	126	Allison Sullivan	AB	2023-03-03	Auckland, NZ	Masters World Cup
W55	F	59	86	86kg	SNATCH	49	Patricia Barber	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W55	F	59	86	86kg	CLEANJERK	66	Patricia Barber	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W55	F	59	86	86kg	TOTAL	115	Patricia Barber	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W55	F	59	200	86+kg	SNATCH	54	Crista Coughlin	SK	2025-09-07	Las Vegas, USA	World Masters Championships
W55	F	59	200	86+kg	CLEANJERK	67	Crista Coughlin	SK	2025-03-15	Regina, SK	SK Snr & Jr Provincials
W55	F	59	200	86+kg	TOTAL	120	Crista Coughlin	SK	2025-03-15	Regina, SK	SK Snr & Jr Provincials
W60	F	64	48	48kg	SNATCH	33	Elaine Mori	BC	2024-09-06	Rovaniemi, Finland	World Masters Championships
W60	F	64	48	48kg	CLEANJERK	50	Elaine Mori	BC	2024-09-06	Rovaniemi, Finland	World Masters Championships
W60	F	64	48	48kg	TOTAL	83	Elaine Mori	BC	2024-09-06	Rovaniemi, Finland	World Masters Championships
W60	F	64	53	53kg	SNATCH	32	Elaine Mori	BC	2024-03-02	Port Moody, BC	BC Masters Championships
W60	F	64	53	53kg	CLEANJERK	45	Elaine Mori	BC	2024-03-02	Port Moody, BC	BC Masters Championships
W60	F	64	53	53kg	TOTAL	77	Elaine Mori	BC	2024-03-02	Port Moody, BC	BC Masters Championships
W60	F	64	58	58kg	SNATCH	45	Manon Croteau	QC	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	58	58kg	CLEANJERK	55	Manon Croteau	QC	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	58	58kg	TOTAL	100	Manon Croteau	QC	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	63	63kg	SNATCH	47	Manon Croteau	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W60	F	64	63	63kg	CLEANJERK	54	Manon Croteau	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W60	F	64	63	63kg	TOTAL	101	Manon Croteau	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W60	F	64	69	69kg	SNATCH	50	Sylvie Guenette	ON	2026-04-18	Scarborough, ON	Ontario Masters Championships
W60	F	64	69	69kg	CLEANJERK	63	Sylvie Guenette	ON	2026-04-18	Scarborough, ON	Ontario Masters Championships
W60	F	64	69	69kg	TOTAL	113	Sylvie Guenette	ON	2026-04-18	Scarborough, ON	Ontario Masters Championships
W60	F	64	77	77kg	SNATCH	39	Wendy Martin	NS	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	77	77kg	CLEANJERK	52	Wendy Martin	NS	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	77	77kg	TOTAL	91	Wendy Martin	NS	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	86	86kg	SNATCH	49	Patricia Barber	ON	2025-04-18	Burlington, ON	Ontario Provincial Masters
W60	F	64	86	86kg	CLEANJERK	68	Patricia Barber	ON	2025-04-18	Burlington, ON	Ontario Provincial Masters
W60	F	64	86	86kg	TOTAL	117	Patricia Barber	ON	2025-04-18	Burlington, ON	Ontario Provincial Masters
W60	F	64	200	86+kg	SNATCH	45	Madeleine Waterfield	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Championships
W60	F	64	200	86+kg	CLEANJERK	56	Madeleine Waterfield	ON	2024-02-24	St. Thomas, ON	Ontario Masters Open
W60	F	64	200	86+kg	TOTAL	100	Madeleine Waterfield	ON	2024-02-24	St. Thomas, ON	Ontario Masters Open
W65	F	69	48	48kg	SNATCH	23					

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W65	F	69	48	48kg	CLEANJERK	30					
W65	F	69	48	48kg	TOTAL	53					
W65	F	69	53	53kg	SNATCH	33	Fern Tonus	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W65	F	69	53	53kg	CLEANJERK	40	Fern Tonus	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W65	F	69	53	53kg	TOTAL	73	Fern Tonus	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W65	F	69	58	58kg	SNATCH	35	Frances Robson	SK	2025-09-04	Las Vegas, USA	World Masters Championships
W65	F	69	58	58kg	CLEANJERK	43	Frances Robson	SK	2025-11-22	Saskatoon, SK	Western Canadian Championships
W65	F	69	58	58kg	TOTAL	77	Frances Robson	SK	2025-11-22	Saskatoon, SK	Western Canadian Championships
W65	F	69	63	63kg	SNATCH	38	Frances Robson	SK	2024-07-09	Rovaniemi, Finland	World Masters Championships
W65	F	69	63	63kg	CLEANJERK	46	Frances Robson	SK	2024-05-24	San Jose, CR	Pan American Championships
W65	F	69	63	63kg	TOTAL	82	Frances Robson	SK	2024-05-24	San Jose, CR	Pan American Championships
W65	F	69	69	69kg	SNATCH	36	Madeline Payne	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W65	F	69	69	69kg	CLEANJERK	50	Karla Daviau	ON	2026-02-28	St. Thomas, ON	Ontario Masters Open
W65	F	69	69	69kg	TOTAL	86	Karla Daviau	ON	2026-02-28	St. Thomas, ON	Ontario Masters Open
W65	F	69	77	77kg	SNATCH	32					
W65	F	69	77	77kg	CLEANJERK	42	Ruth Stewart	ON	2022-12-01	Orlando, USA	World Masters Championships
W65	F	69	77	77kg	TOTAL	73					
W65	F	69	86	86kg	SNATCH	36					
W65	F	69	86	86kg	CLEANJERK	45					
W65	F	69	86	86kg	TOTAL	81					
W65	F	69	200	86+kg	SNATCH	37					
W65	F	69	200	86+kg	CLEANJERK	46					
W65	F	69	200	86+kg	TOTAL	83					
W70	F	74	48	48kg	SNATCH	20					
W70	F	74	48	48kg	CLEANJERK	23					
W70	F	74	48	48kg	TOTAL	43					
W70	F	74	53	53kg	SNATCH	21					
W70	F	74	53	53kg	CLEANJERK	24					
W70	F	74	53	53kg	TOTAL	45					
W70	F	74	58	58kg	SNATCH	26	Doris Hellenbart	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W70	F	74	58	58kg	CLEANJERK	33	Doris Hellenbart	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W70	F	74	58	58kg	TOTAL	59	Doris Hellenbart	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W70	F	74	63	63kg	SNATCH	28	Doris Hellenbart	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	63	63kg	CLEANJERK	35	Doris Hellenbart	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	63	63kg	TOTAL	63	Doris Hellenbart	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	69	69kg	SNATCH	31	Ruth Stewart	BC	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	69	69kg	CLEANJERK	42	Ruth Stewart	BC	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	69	69kg	TOTAL	73	Ruth Stewart	BC	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	77	77kg	SNATCH	32	Sandy Dewar	AB	2025-02-01	Edmonton, AB	Alberta Masters Provincials
W70	F	74	77	77kg	CLEANJERK	43	Sandy Dewar	AB	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	77	77kg	TOTAL	74	Sandy Dewar	AB	2025-02-01	Edmonton, AB	Alberta Masters Provincials
W70	F	74	86	86kg	SNATCH	31	Christine Walt	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	86	86kg	CLEANJERK	44	Christine Walt	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	86	86kg	TOTAL	75	Christine Walt	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	200	86+kg	SNATCH	30	Patricia Henderson	BC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W70	F	74	200	86+kg	CLEANJERK	41	Patricia Henderson	BC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W70	F	74	200	86+kg	TOTAL	71	Patricia Henderson	BC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W75	F	79	48	48kg	SNATCH	18					
W75	F	79	48	48kg	CLEANJERK	22					
W75	F	79	48	48kg	TOTAL	40					
W75	F	79	53	53kg	SNATCH	19					
W75	F	79	53	53kg	CLEANJERK	23					
W75	F	79	53	53kg	TOTAL	42					
W75	F	79	58	58kg	SNATCH	22	Doris Hellenbart	ON	2022-07-09	Moncton, NB	CMWFHCM Nationals
W75	F	79	58	58kg	CLEANJERK	28	Doris Hellenbart	ON	2022-07-09	Moncton, NB	CMWFHCM Nationals
W75	F	79	58	58kg	TOTAL	50	Doris Hellenbart	ON	2022-07-09	Moncton, NB	CMWFHCM Nationals
W75	F	79	63	63kg	SNATCH	21					
W75	F	79	63	63kg	CLEANJERK	26					
W75	F	79	63	63kg	TOTAL	47					
W75	F	79	69	69kg	SNATCH	25	Judy Quinn	ON	2025-09-04	Las Vegas, USA	World Masters Championships
W75	F	79	69	69kg	CLEANJERK	30	Judy Quinn	ON	2025-09-04	Las Vegas, USA	World Masters Championships
W75	F	79	69	69kg	TOTAL	55	Judy Quinn	ON	2025-09-04	Las Vegas, USA	World Masters Championships
W75	F	79	77	77kg	SNATCH	29	Judy Quinn	ON	2023-05-24	Orlando, USA	Pan American Masters
W75	F	79	77	77kg	CLEANJERK	37	Judy Quinn	ON	2023-05-24	Orlando, USA	Pan American Masters
W75	F	79	77	77kg	TOTAL	66	Judy Quinn	ON	2023-05-24	Orlando, USA	Pan American Masters
W75	F	79	86	86kg	SNATCH	28	Judy Quinn	ON	2024-05-09	Rovaniemi, Finland	World Masters Championships
W75	F	79	86	86kg	CLEANJERK	37	Brenda Fergusson	BC	2019-03-09	Vancouver, BC	BC Masters Champ
W75	F	79	86	86kg	TOTAL	64	Judy Quinn	ON	2024-09-05	Rovaniemi, Finland	World Masters Championships
W75	F	79	200	86+kg	SNATCH	26					
W75	F	79	200	86+kg	CLEANJERK	36					
W75	F	79	200	86+kg	TOTAL	62					
W80	F	84	48	48kg	SNATCH	20					
W80	F	84	48	48kg	CLEANJERK	20					
W80	F	84	48	48kg	TOTAL	40					
W80	F	84	53	53kg	SNATCH	20					
W80	F	84	53	53kg	CLEANJERK	21					
W80	F	84	53	53kg	TOTAL	41					
W80	F	84	58	58kg	SNATCH	20					
W80	F	84	58	58kg	CLEANJERK	23					
W80	F	84	58	58kg	TOTAL	43					
W80	F	84	63	63kg	SNATCH	20					
W80	F	84	63	63kg	CLEANJERK	24					
W80	F	84	63	63kg	TOTAL	44					
W80	F	84	69	69kg	SNATCH	21					
W80	F	84	69	69kg	CLEANJERK	26					
W80	F	84	69	69kg	TOTAL	47					
W80	F	84	77	77kg	SNATCH	22					
W80	F	84	77	77kg	CLEANJERK	27					
W80	F	84	77	77kg	TOTAL	49					
W80	F	84	86	86kg	SNATCH	25	Brenda Fergusson	BC	2023-03-04	Vancouver, BC	BC Masters Provincials
W80	F	84	86	86kg	CLEANJERK	31	Brenda Fergusson	BC	2023-03-04	Vancouver, BC	BC Masters Provincials
W80	F	84	86	86kg	TOTAL	56	Brenda Fergusson	BC	2023-03-04	Vancouver, BC	BC Masters Provincials

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W80	F	84	200	86+kg	SNATCH	24					
W80	F	84	200	86+kg	CLEANJERK	30					
W80	F	84	200	86+kg	TOTAL	54					
W85	F	89	48	48kg	SNATCH	20					
W85	F	89	48	48kg	CLEANJERK	20					
W85	F	89	48	48kg	TOTAL	40					
W85	F	89	53	53kg	SNATCH	20					
W85	F	89	53	53kg	CLEANJERK	20					
W85	F	89	53	53kg	TOTAL	40					
W85	F	89	58	58kg	SNATCH	20					
W85	F	89	58	58kg	CLEANJERK	20					
W85	F	89	58	58kg	TOTAL	40					
W85	F	89	63	63kg	SNATCH	20					
W85	F	89	63	63kg	CLEANJERK	20					
W85	F	89	63	63kg	TOTAL	40					
W85	F	89	69	69kg	SNATCH	20					
W85	F	89	69	69kg	CLEANJERK	20					
W85	F	89	69	69kg	TOTAL	40					
W85	F	89	77	77kg	SNATCH	20					
W85	F	89	77	77kg	CLEANJERK	20					
W85	F	89	77	77kg	TOTAL	40					
W85	F	89	86	86kg	SNATCH	20					
W85	F	89	86	86kg	CLEANJERK	21					
W85	F	89	86	86kg	TOTAL	41					
W85	F	89	200	86+kg	SNATCH	20					
W85	F	89	200	86+kg	CLEANJERK	22					
W85	F	89	200	86+kg	TOTAL	42					
W90	F	94	48	48kg	SNATCH						
W90	F	94	48	48kg	CLEANJERK						
W90	F	94	48	48kg	TOTAL						
W90	F	94	53	53kg	SNATCH						
W90	F	94	53	53kg	CLEANJERK						
W90	F	94	53	53kg	TOTAL						
W90	F	94	58	58kg	SNATCH						
W90	F	94	58	58kg	CLEANJERK						
W90	F	94	58	58kg	TOTAL						
W90	F	94	63	63kg	SNATCH						
W90	F	94	63	63kg	CLEANJERK						
W90	F	94	63	63kg	TOTAL						
W90	F	94	69	69kg	SNATCH						
W90	F	94	69	69kg	CLEANJERK						
W90	F	94	69	69kg	TOTAL						
W90	F	94	77	77kg	SNATCH						
W90	F	94	77	77kg	CLEANJERK						
W90	F	94	77	77kg	TOTAL						
W90	F	94	86	86kg	SNATCH						
W90	F	94	86	86kg	CLEANJERK						
W90	F	94	86	86kg	TOTAL						

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W90	F	94	200	86+kg	SNATCH						
W90	F	94	200	86+kg	CLEANJERK						
W90	F	94	200	86+kg	TOTAL						
W95	F	99	48	48kg	SNATCH						
W95	F	99	48	48kg	CLEANJERK						
W95	F	99	48	48kg	TOTAL						
W95	F	99	53	53kg	SNATCH						
W95	F	99	53	53kg	CLEANJERK						
W95	F	99	53	53kg	TOTAL						
W95	F	99	58	58kg	SNATCH						
W95	F	99	58	58kg	CLEANJERK						
W95	F	99	58	58kg	TOTAL						
W95	F	99	63	63kg	SNATCH						
W95	F	99	63	63kg	CLEANJERK						
W95	F	99	63	63kg	TOTAL						
W95	F	99	69	69kg	SNATCH						
W95	F	99	69	69kg	CLEANJERK						
W95	F	99	69	69kg	TOTAL						
W95	F	99	77	77kg	SNATCH						
W95	F	99	77	77kg	CLEANJERK						
W95	F	99	77	77kg	TOTAL						
W95	F	99	86	86kg	SNATCH						
W95	F	99	86	86kg	CLEANJERK						
W95	F	99	86	86kg	TOTAL						
W95	F	99	200	86+kg	SNATCH						
W95	F	99	200	86+kg	CLEANJERK						
W95	F	99	200	86+kg	TOTAL						