

WCHM Anti-Doping Education: Doping Control Forms

When completing a doping control form, athletes are required to provide several crucial pieces of information, primarily related to their identity and any substances they've recently used.

Here's a breakdown of what an athlete should list on the doping control form:

1. Personal and Sample Information.

Athlete Details: This includes confirming personal details, testing location, and identification.

Sport and Discipline: Identifying the specific sport and discipline they participate in.

Test Type: Specifying whether the test is in-competition or out-of-competition.

Sample Codes and Details: Checking and confirming sample code numbers, including blood sample code and time drawn, or urine sample codes, volume, time sealed, and specific gravity.

Partial Sample Information: If a partial urine sample was provided, this needs to be completed in the designated section.

2. Medications and Supplements.

Declaration of Substances: Crucially, athletes must clearly and carefully record any medications or supplements ingested or used within the past seven days.

Completeness and Accuracy: It's vital to ensure this declaration is complete and accurate, as it can significantly impact the outcome in case of a positive test.

3. Therapeutic Use Exemptions (TUEs). (International Championships)

TUE Details: If an athlete has a valid Therapeutic Use Exemption for any prescribed medication, the details of the TUE should be provided.

4. Medical Review Application. (National Championships) WCHM athletes may have a Medical Review application already completed to submit to the DCO if randomly selected for doping control. The Medical Review Application can also instead be submitted after test results identify the use of prohibited substances.

5. Comments on the Procedure.

Comments and Concerns: The form includes sections where athletes can note any comments or concerns about the doping control procedures.

6. Consent and Signatures.

Confirmation of Accuracy: The athlete should carefully check the entire form to ensure all information is accurate and then sign it.

Consent: By signing, the athlete confirms their understanding of the rules and processes, including data processing through ADAMS.

Confidentiality: The laboratory copy of the form will not contain identifying information.

Research Consent: Athletes are typically given the option to consent to their sample being used for research purposes.

Witnessing Signatures: The athlete, their representative, the Doping Control Officer, and the Blood Collection Officer (if applicable) will sign and date the form at the end of the process.

Important Notes

Strict Liability: Athletes are held to a standard of strict liability, meaning they are ultimately responsible for what is in their systems, regardless of how it got there.

Full Disclosure is Key: Full and accurate disclosure of medications and supplements is essential and can provide evidence of the athlete's intent to comply with the rules, potentially mitigating the consequences in case of a positive test.

Keep Your Copy: Athletes are provided with a copy of the doping control form, which should be kept in a safe place.

By providing accurate and complete information on the doping control form, athletes can help ensure a fair and transparent process.