

Expatriate Membership

2025.10.13

Athletes:

1. Are eligible to be WCHM members. Membership in a Provincial Weightlifting Association is not required.
2. May compete in a Provincial weightlifting competition as guests, but would not be eligible for an award. If athletes choose to compete for an award, they will need to be members of the appropriate Provincial Weightlifting Association and are expected to contact the Provincial Weightlifting Association president for more information. Athletes will also be required to be members of their National Sports (Weightlifting) Organizations (NSO) of the countries in which they reside. Athletes can challenge Canadian Masters Weightlifting records, and qualify for international masters weightlifting championships at qualifying provincial competition as PSO members or as guests.
3. Can compete in the Canadian Masters Weightlifting Championships (WCHM Nationals) and use their results to challenge Canadian Masters Weightlifting Records and to qualify for international masters weightlifting championships.
4. Are allowed to compete in their residing countries as per the rules of those national weightlifting organizations.
5. Can represent WCHM at international masters weightlifting championships and are allowed to use results from competitions in their residing country.
6. Cannot challenge Canadian Masters Weightlifting Records in competitions held within their country of residence.
7. May represent Nations of their residences at international masters weightlifting championships, as per those national masters weightlifting organizations' rules, but only with approval of WCHM's President. However, these athletes cannot reverse their decisions in order to compete internationally as WCHM members. This IMWA rule is applicable to all IMWA National Affiliate members who have dual citizenships.
8. WCHM members who represent another nation at International masters events are allowed to participate in the Canadian Masters Weightlifting Championships and can, at the discretion of the Board, challenge WCHM Records.