



Canadian International Masters Weightlifting Teams and Team-fp

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All Canadian participants at International Masters Weightlifting Events are equally considered as part of the Canadian Team. However, there is a system of how points are awarded to national Teams by International Masters Weightlifting organizations. Unlike Seniors at WCH sanctioned international events, participation at international events for Masters weightlifters is open to all athletes who meet the qualifying standards, approved by the President and have paid their registration fees. The nation's assigned points are calculated from the awards presented to the athletes in a smaller group of participants. WCHM refers to this group as "Team-fp," for points. The designation of "Team" by the organizers is what WCHM refers to as Team-fp. Although the designation "Team" is used by the Championship organizers, this designation is only for assigning of points to determine award winning nations.

For WCHM,

- A. Thirteen men and thirteen women with the highest percentage of entry total compared to qualifying total are the first athletes to be considered for Team-fp. When two members are very close to being selected, then the athletes' achievements at last year's Championships and the Canadian Masters Weightlifting Championships are taken into consideration. Team-fp members are primarily selected based on their chances of being awarded a medal based on the number of competitors in their age and bodyweight category.
- B. Each Canadian Team-fp consists of ten athletes and three alternates, with a maximum of two athletes in the same age and bodyweight category. The alternates can only be used if Team-fp members withdraw prior to their first Snatch. The President may amend the Canadian Team-fp membership list at anytime prior to the technical meeting. The names of the Team-fp members are confirmed with the event organizer at, or prior to, the technical meeting. Team-fp members' names are not released until the final results are published by the sanctioning organization. Team-fp members, whose names appear on the President's submission to the host event organizer, have no prior knowledge that points will be assigned according to their results and have no special status prior to and during the championships.
- C. Points are then assigned to each athlete on the Team-fp list as follows: Gold – 28; Silver – 25 and Bronze – 23 points. The athletes' points are then added together to determine the overall points. If there is only one team member in an age group, that member's maximum points earned are 23. If there are two team members in the same age group, the winner earns 25 points and the second-place athlete earns 23 points.
- D. At the conclusion of the Championships, the names of the athletes on Team-fp are publicly released by the Championship organizers.
- E. In Canada, the WCHM President assigns the title of "Guardian" to a member of the Canadian Team-fp prior to the Championships. The Guardian has duties related to the acceptance of any winning award, protecting the award and ensuring that the names of the ten Team-fp members are inscribed on the award.
- F. All Canadian athletes are expected to wear their Canadian Masters singlet or display an image of the Canadian flag or maple leaf on their singlet or weightlifting belt.