

Applying for a Record in 2026

After August 1, 2026,

Athletes may use their accomplishments in the old bodyweight category to apply for a record in the new bodyweight category as outlined in the chart below. Athletes who have broken records in the old bodyweight category will have those records recognized in the new bodyweight category, also noted in the chart.

An athlete's bodyweight at the qualifying competition not be taken into consideration when determining a possible record in the new bodyweight category; only the results in the bodyweight category in which the athlete competed.

Some Provincial Weightlifting Associations may have incorporated these new bodyweight categories in advance of the IWF's August 1 implementation date.

WCHM's OWLCMS database will be adjusted at an appropriate time.

If you competed in this old Category. If you currently have a record in this old Category	You can challenge a record in this new category by 1 kg. It will now become a record in this new category	If you competed in this old Category If you currently have a record in this old Category	You can challenge a record in this new category by 1 kg. It will now become a record in this new category
M71	M70	W48	W49
M79	M75	W58	W57
M88	M85	W63	W61
M94	M95		